

Guidelines for Authors of *Advances in Gerontology*

Advances in Gerontology publishes original articles and reviews in the main fields of modern gerontology, such as biology of aging, clinical gerontology, social and psychological aspects, and history of gerontology. Manuscripts submitted to the editorial board should meet the following requirements.

1. Text should be printed using on one side of A4 paper with standard margins. An electronic copy typeset in any text editor should be submitted together with the manuscript.

2. The length of a manuscript should not exceed 12 typewritten pages, including references and abstract; reviews should not be greater than 20 pages. The length of reviews and general theoretical papers should be approved by the editorial board. The text should be in Times New Roman, point size 12, with 1.5 line spacing. The list of references should not exceed approximately 1/10 of the manuscript's length. Up to 70 sources may be cited in review papers.

3. Unpublished works, books, abstracts of dissertations, and theses of local conferences should not be cited in the text or the list of references. It is recommended to refer mainly to sources published in the last 7 years.

4. The first page of the manuscript should contain (1) names of authors, (2) title of the manuscript, (3) authors' affiliations, and (4) e-mail address of the corresponding author.

5. The content of the manuscript should be presented in a clear, concise manner without long historical introductions and repetitions. When submitting experimental work, authors should indicate the type and number of animals used and all methods involved in vivisection. If these data are missing or if any cruel and inhumane procedures were performed, the manuscripts will not be accepted for publication.

6. The author should carefully copyedit the manuscript before submission.

7. The number of illustrations (photographs, drawings, diagrams, and charts) should be minimized. Photographs must be sharp, and drawings must be clear. Diagrams created in Excel and imported into a Word document should be editable. Captions to microscopic images should indicate magnification and the method of staining (or impregnation) of preparations. Figures presented as an arrangement of sections, which are designated by letters, should have a common caption and explanations to individual sections. The appropriate location for a figure in the text should be marked in the left margin by the respective figure number in a square.

8. Tables should be informative, and they should be titled and numbered. Titles of tables and their numbers must exactly match the respective references to tables in the text.

9. Abbreviations of words, names, titles (except for common abbreviations, units of measure, and physical, chemical, and mathematical quantities and terms) are not allowed. The International System of Units (SI) should be used for physical quantities.

10. List of references should be arranged as follows:

(a) Sources are in alphabetical order of authors;

(b) If several works of one author are cited, they must be in chronological order;

(c) All authors should be specified in a reference.

Below are samples of references:

(d) For periodicals and serial publications:

Sutipornpalangkul, W., Morales, N.P., Charoencholvanch, K., and Harnroongroj, T., Lipid peroxidation, glutathione, vitamin E, and antioxidant enzymes in synovial fluid from patients with osteoarthritis, *Int. J. Rheum. Dis.*, 2009, vol. 12, no. 4, pp. 324–328.

Pamplona, R., Membrane phospholipids, lipoxidative damage, and molecular integrity: a causal role in aging and longevity, *Biochim. Biophys. Acta*, 2008, vol. 1777, pp. 1249–1262.
<http://dx.doi.org/10.1016/j.bbabbio.2008.07.003>

Kingsland, Sh.E., *Modeling Nature: Episodes in the History of Population Ecology*, Chicago: Univ. Chicago Press, 1995.

US Department of Health and Human Services. *Healthy People 2010: Understanding and Improving Health*, Washington: U.S. Government Printing Office, 2000.

11. A brief abstract (no more than half a page) reflecting the main content of the work should be included in the manuscript. The abstract and keywords should be placed immediately before the main text of the manuscript after author affiliations.

12. The editorial board reserves the right to abridge or edit submitted manuscripts. The editorial board contacts authors by e-mail.

13. Submission of papers that have already been published or considered for publication elsewhere is not permitted.

14. Manuscripts in violation of these rules are returned to the authors without review.

15. Preprints in PDF format are sent to the authors by e-mail.

16. Failure to comply with these requirements extends the prepress of the manuscript and degrades the quality of publication.

Please send manuscripts and other correspondence to the editorial board: Professor V.N. Petrov, Research Institute of Oncology, Pesochnyi-2, St. Petersburg, 197758 Russia.